

Overview of Randolph Public Health



Prevention, Promotion, and Protection through education and enforcement.

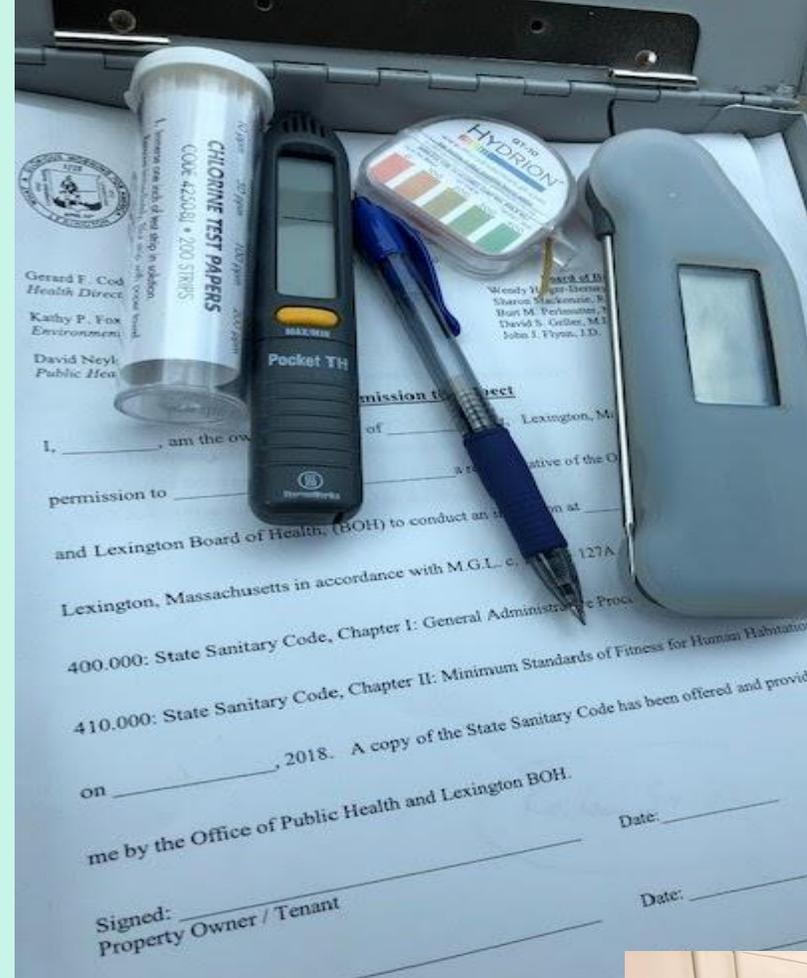
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February 2025

Randolph Public Health

3 Categories:

1. Environmental Health
2. Community Health
3. Emergency Preparedness



FluFacts
What you need to know

Lower your chances of getting or spreading the flu:

- **Get a seasonal flu shot.**
- **Cover your mouth** when you cough or sneeze. Use a tissue or your inner elbow, not your hands.
- **Wash your hands often** with soap and warm water, or use an alcohol-based hand gel.
- **Stay home** if you are sick.

For more information, please visit:
www.mass.gov/flu

Massachusetts Department of Public Health

chronic hepatitis virus
infection liver
vaccination individual lifelong medications adults
damage without further infants
vomiting treatment someone
develop blood symptomstest people
available contact personal greater sharing items
become syringes dark death series between
jaundice inject see during health care
getting cancer birth united pain
months given hepatitis vaccines
mother few nausea drug transmission
currently exposure through term other joint
some person acute many other appetite
cases unvaccinated re-infected
infection colored treat one abdominal virus
fever liver bowel exposed needles spread
caused dose scarring urine cause
fatigue usually cause
testing cirrhosis loss unregulated movements



Randolph Board of Health

Members

- Dov Yoffe, BS / BSN / RN, *Chair*
- Dr. David Kaplan, MPH / Ph.D. / CHO / RS
- Barbara Mahoney, RN / MHA
- Patricia M. Cedeno-Zamor, Ph.D. / MSW / MHA
- Sharon E. George, CCHW

The five members are appointed by the Town Manager.

- Acts as an advisory and oversight Board to the Randolph Public Health Department.
- The Board of Health is held responsible, (*under various Massachusetts General Laws*), for disease prevention and control, health and environmental protection, and promoting a healthy community.
- Members frequently reference the Massachusetts Department of Public Health (MDPH) and Massachusetts Department of Environmental Protection (MassDEP) protocols.
- Functions:
 - Develops, implements and enforces local health regulations.
 - Oversees environmental health inspections to maintain minimum standards for sanitation in housing and food service.
 - Assures that the basic health needs of their community are being met.

Public Health Staff

- ★ Gerard F. Cody, REHS / RS / CPH
 - *Public Health Commissioner*
- ★ Ann T. Martin, RN / MSN
 - *Public Health Nurse*
- ★ Peggy Montlouis, MPH / MBA
 - *Community Health Educator*
- ★ Carol Cronin
 - *Principal Clerk*
- ★ Jean Gillan
 - *Animal Control Officer*
- ★ Cheryl Witherspoon
 - *Code Enforcement Officer*
- ★ Edward Gilbert
 - *Public Health Officer*
- ★ Selena Maldonado
 - *Public Health Officer*
- ★ Lauren Katsiroubas
 - *Public Health Officer*

Mission Statement

Under the direction of the Randolph Board of Health, the mission of the Randolph Health Department is prevent disease and promote wellness in order to protect and improve the health and quality of life of its residents, visitors and workforce. This charge is carried out by the implementation of community health disease prevention & surveillance programs, public health education outreach & empowerment programs, environmental health permit & code enforcement inspection activities and public health emergency planning efforts conducted locally and as a region.

Environmental Health

- **Inspect** food establishments, semi-public and public swimming pools, camps, hotels, and lodging places, such as Group Homes.
- **Respond** to Nuisance complaints, (dust, noise, filthy conditions, etc.).
- **Manage** the collection of Municipal Solid Waste, Hazardous Waste and Medical Waste.
- **Enforce** the State Sanitary Code for dwelling units, Tobacco Control Regulations and all other local public health regulations.
- **Monitor** rodent population control activities.



These pictures illustrate examples of where the Public Health Department needs to enforce and educate.

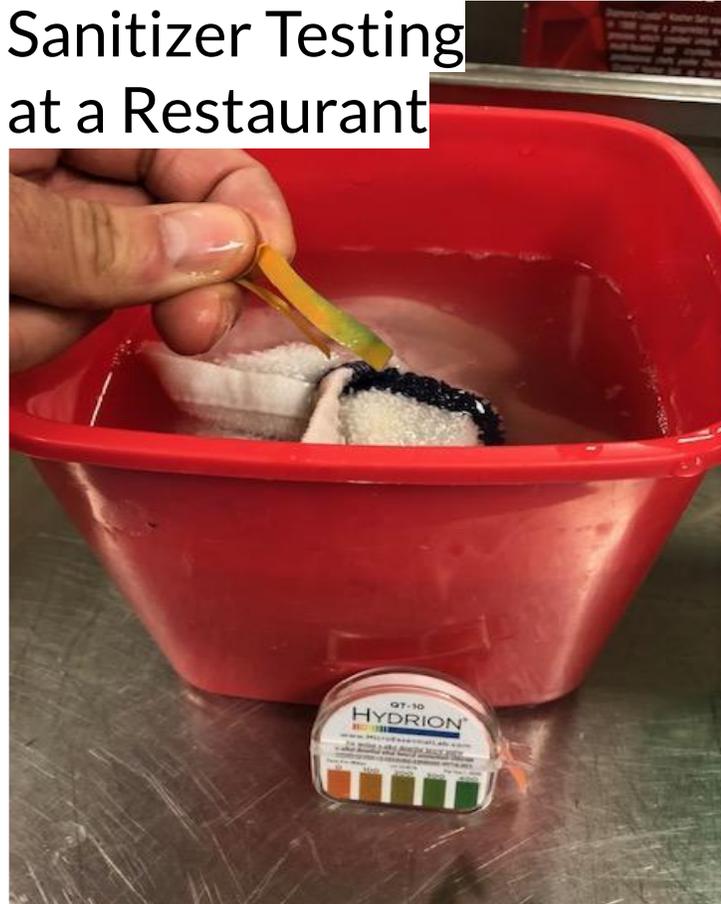


Environmental Health

Norfolk County
Mosquito Control



Sanitizer Testing
at a Restaurant



Hoarding Case



Household Hazardous Waste Day,
August 2023

Environmental Permits Issued in 2024

Type of Permit	Number of Permits Issued
Food Permits (Risk Based and Temporary)	172
Swimming Pool Permits	14
Tobacco Permits	38
Camp Permits	7
Septic Systems	20
Geothermal Wells	35
Monitoring Wells	40
Rubbish Hauler	7
Septic Hauler	6

Environmental Inspections Completed 2024

Type of Inspection	Number of Inspections Completed
Low Risk Food	52
Medium Risk Food	56 x2 = 112
High Risk Food	7x3 = 21
Food Plan Review	27
State Sanitary Code Complaints	64
Tobacco Permit	38
Nuisance Complaint	284
Swimming Pool	14
Camp Inspections	7

Environmental Health – *Food Safety*

Five Risk Factors from the Centers for Disease Control

1. Personal Hygiene
2. Food From an Approved Source
3. Cross Contamination
4. Proper Holding temperatures
5. Proper Final Cook temperatures

- Restaurants Must have a Trained Person In Charge, (PIC).
- Restaurant inspections: proper food preparation and storage, food temperatures, pest control, hand washing, clean bathrooms
- Required by law to inspect all food establishments between 1 and 3 times per year
- Investigate Foodborne Illness complaints.
- Review plans for food establishments before they begin to operate.
- Provide training and act as a resource.
- US FDA guidelines state that each inspector can only perform 250 food inspections per year (that's 125 establishments X 2)

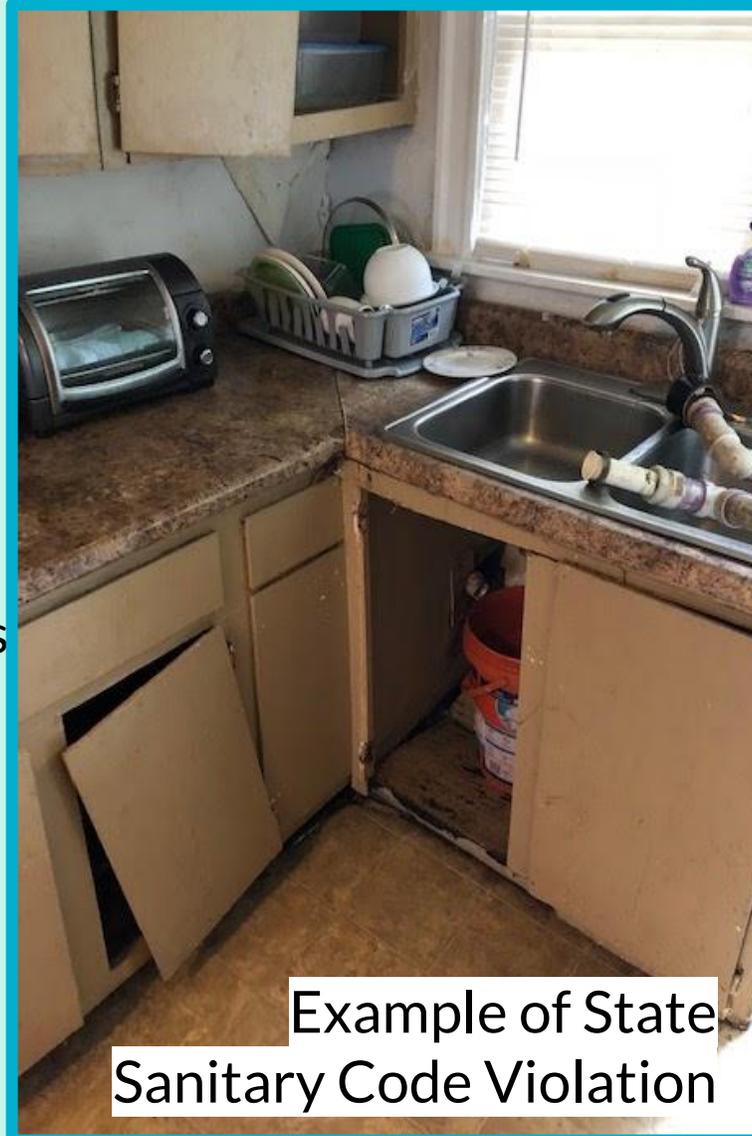
Examples of Food Code Violations

Can you find what's wrong with each picture?



Environmental Health – *State Sanitary Code*

- Housing Violations (*State Sanitary Code*) can be very time consuming.
- Extreme hoarding, a mental illness, creates gruesome dangers for neighbors and emergency responders.
- Other *State Sanitary Code* violations include: broken cabinet doors, heat/hot water issues, broken window screens, just to name a few.



Example of State Sanitary Code Violation



Example of Hoarding

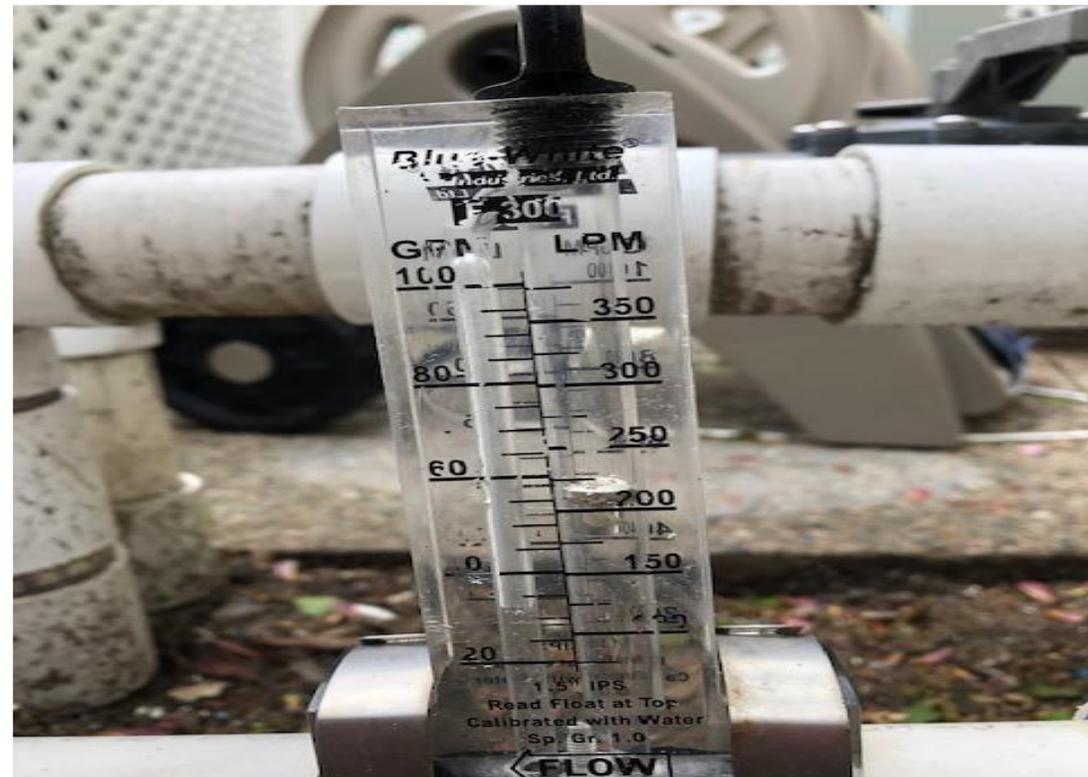
Environmental Health – *Abandoned Housing Initiative (AHI)*

- Randolph shares addresses of abandoned residential properties with the Attorney General's Office (AGO).
- The AGO then uses its investigatory tools to identify the delinquent owner.
- Once identified, the AGO attempts to contact the owner and any party with a legal interest in an attempt to reach an agreement under which the owner will complete the necessary repairs.
- Through a legal process, a Judge appoints a Receiver for the property. The Sanitary Code allows the receiver to place a lien against the property for all costs incurred during the project.
- At the conclusion of the receivership, the owner of the property may reimburse the receiver for costs and clear the lien.
- The AHI program strikes a balance between private property owner's rights and the public's right to be free from dangers posed by health, safety, and building code violations.



Environmental Health – *Public & Semi-Public Swimming Pools*

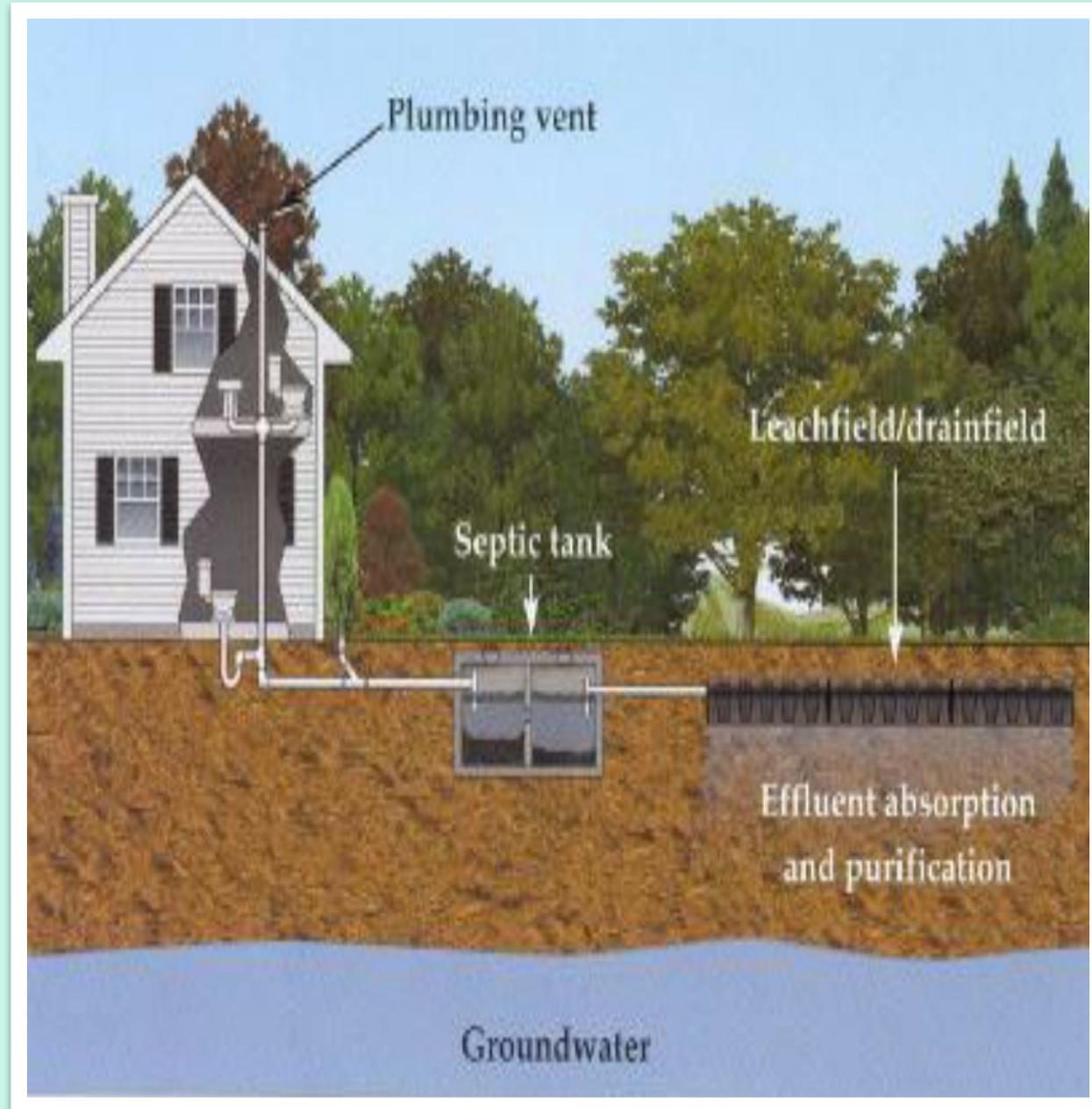
- Each public/semi-public pool must be managed by a person who has completed a training course approved by MDPH and becomes a Certified Pool Operator or CPO.
- If at any time, a pool does not conform to the requirements of bacterial quality, chemical standards or water clarity, the CPO must close the pool until the pool water conforms to those standards.



Environmental Health

– *Septic Systems*

- Improperly installed or inspected septic systems can cause groundwater and drinking water to become polluted.
- Randolph currently monitors twenty, (20), active Septic Systems.



Environmental Health – *Waste Management*

- Curbside Trash & Recycling
- Curbside Yard Waste
- Universal Waste (mercury, lightbulbs, etc)
- Household Medicines & Medical Waste
- Household Hazardous Waste



Environmental Health – *Litter Prevention*

- Organize Annual Clean up Day
- Partners with organizations such as “Keep Massachusetts Beautiful”.
- Respond to complaints about illegal dumping, abandoned properties and related concerns.



Code Enforcement

The Code Enforcement Officer responds to complaints and enforces the compliance of the Town General and Zoning Ordinances, and state laws and regulations.

See [Randolph Town Codes](#)

Some examples of Code Violations:

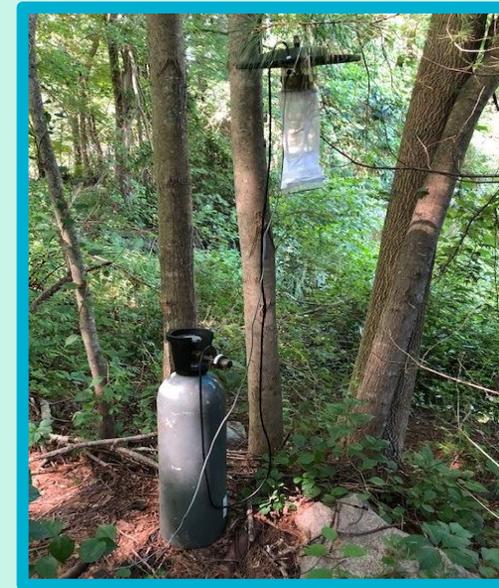
- *dumpster violations*
- *abandoned property violations*
- *property maintenance violations*
- *property/vehicle violations (too many unregistered vehicles on a property, parked on lawn, etc)*
- *illegal dumping*
- *zoning violations*

Protects property values as well as the environment.



Environmental Health - Mosquito Control

- Norfolk County Mosquito Control, tests mosquitoes and monitors for the presence of West Nile Virus (WNV) and Eastern Equine Encephalitis (EEE)
 - EEE is a rare but serious virus spread by mosquitoes
 - Norfolk County Mosquito Control conducts aerial spraying
- The Randolph Health Department can provide you with education to protect yourself against mosquito-borne diseases.



THE IMPORTANCE OF PREVENTING MOSQUITO BITES

The mosquitoes in Massachusetts carry diseases such as West Nile virus (WNV) and eastern equine encephalitis (EEE).

West Nile virus (WNV) is more common and most infections do not cause any symptoms. In Randolph, the risk level is low (may occur in your area). The symptoms of a mild WNV infection include:

- fever
- headache
- body aches

Only a small number of people (fewer than 1 in 100) who get infected with WNV, usually people over the age of 50, develop a more serious sickness with symptoms that include:

- headache
- high fever
- stiff neck
- confusion
- muscle weakness
- tremors (shaking)
- convulsions
- coma
- paralysis
- swelling of the brain



Eastern equine encephalitis (EEE) is a rare but serious disease. Most cases of EEE in Massachusetts occur in the southeastern part of the state. In Randolph, the EEE infection risk level is low. Symptoms of EEE infection include:

- high fever
- stiff neck
- headache
- lack of energy
- swelling of the brain - a rare but dangerous complication that may result in coma or even death

Mosquito-proof collection barrels

It's always best to use a container made specifically for saving water, rather than buckets, garbage cans or other home-made containers. Rain barrels are designed to keep bugs and debris out of the water, helping to prevent mosquito



invasions, with a screen or a lid.

Rain barrels can be purchased from store like a Walmart, Target, Lowes, or Home Depot, or from Amazon.

WANT MORE INFO?

To learn more about mosquito diseases: Massachusetts Department of Public Health Division of Epidemiology and Immunization (617) 983-6800 or toll-free at (888) 658-2850 <https://www.mass.gov/mosquito-borne-diseases>

For more information on mosquito control in Randolph:

Town of Randolph
Public Health Department
41 South Main St • Randolph, MA 02368
Main Telephone: 781-961-0924
Public Health Nurse Office: 781-767-1406
www.townofrandolph.com

Norfolk County Mosquito Control
144 Production Rd, Suite C
Walpole, MA 02081
Office: (781) 762-3681
<http://www.norfolkcountymosquito.org>



TOWN OF RANDOLPH

Summer Insect Diseases:
Preventing Mosquito Bites

FACT SHEET



MOSQUITOES IN RANDOLPH

TYPES OF MOSQUITOES

There are 52 different species of mosquitoes in Massachusetts. They can all potentially be found in Randolph, but only 32 different species on record have been found in traps in Randolph. Some of these species don't bite humans and/or don't carry diseases! Of the 32 species found in Randolph, about half are persistent human biters.

DISEASE TESTING

The mosquitoes in Randolph are tested for both WNV and EEE, both of which may be found in mosquitoes in our area.

NORFOLK COUNTY MOSQUITO CONTROL SERVICES

During the spring (March through May), Norfolk County Mosquito Control will check standing water on resident's property for mosquito larvae and will treat it accordingly with larvicide or remove the water.

After Memorial Day, Norfolk County Mosquito Control starts their adulticiding program, where they spray insecticide from trucks to kill adult mosquitoes that are flying at the time and may carry disease. This is done after sunset each night; Randolph is done on Wednesday nights.

Norfolk County Mosquito control also takes resident requests for spraying continuously throughout the summer.

You can visit their website for more information or to place a request: <http://www.norfolkcountymosquito.org>

What is the best way to prevent mosquito bites?

- ✓ Use mosquito repellent any time you are outdoors, even if it's only for a short time. Follow directions on the label.
- ✓ Be aware of peak mosquito hours (dusk to dawn for many mosquito species). Take extra care during these hours to use repellent or use protective clothing or consider staying indoors during these times.
- ✓ Be aware of mosquitoes around you. If you are getting bit, re-apply repellent or go indoors.
- ✓ Use mosquito netting on baby strollers or playpens when your infant or toddler is outdoors.
- ✓ Weather permitting, wear long-sleeves, pants and socks when outdoors.
- ✓ Make sure the screens in your home are tightly attached to doors and windows and do not have any holes.
- ✓ Do not let water collect around your home. Typically, mosquitoes can begin to grow in standing water that lasts more than 4 days. However, the warmer it is, the faster they emerge. Remove any standing water from places that collect water such as
 - ditches
 - gutters
 - wheel barrows
 - wading pools
- ✓ Avoid camping near freshwater swamps. If you go camping, use a tent with mosquito netting and use repellent.

BEING BITTEN BY A MOSQUITO DOES NOT AUTOMATICALLY MEAN YOU WILL GET SICK. ONLY A SMALL NUMBER OF MOSQUITOES ARE INFECTED AT ANY GIVEN TIME.

HOWEVER, THE BEST WAY TO AVOID GETTING SICK FROM A MOSQUITO IS TO PREVENT MOSQUITO BITES.

USING REPELLENT



REPELLENTS WITH DEET

Repellents that provide protection against mosquitoes contain DEET, permethrin, picaridin or IR3535.

DEET should not be used on infants under 2 months old. Children over 2 months old should use repellent with DEET concentrations of 30% or less. In general, the higher the concentration, the longer it lasts but products with DEET concentrations above 30% do not provide better protection.

"NATURAL" REPELLENTS

Many of the "natural" repellents available have been tested and they do not provide the same level or length of protection as repellents with DEET or permethrin. One exception is oil of lemon eucalyptus, which has been found to provide as much protection as low concentrations of DEET.

USING REPELLENT WISELY

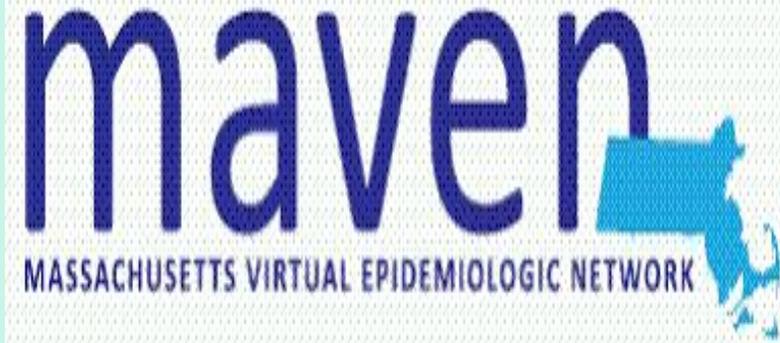
- Follow the instructions on the label.
- Don't use repellent under clothing.
- Don't use repellent on cuts or irritated skin.
- Apply sunscreen before repellent.
- Avoid using repellent near your mouth and eyes. Use sparingly around your ears. First spray the repellent onto your hands and then apply it to your face.
- Lightly cover your exposed skin. More product does not mean better protection.
- Do not let children handle repellent. Put some product on your hands and then apply it to the child.
- Wash your skin and clothes that had repellent on them when you come inside.



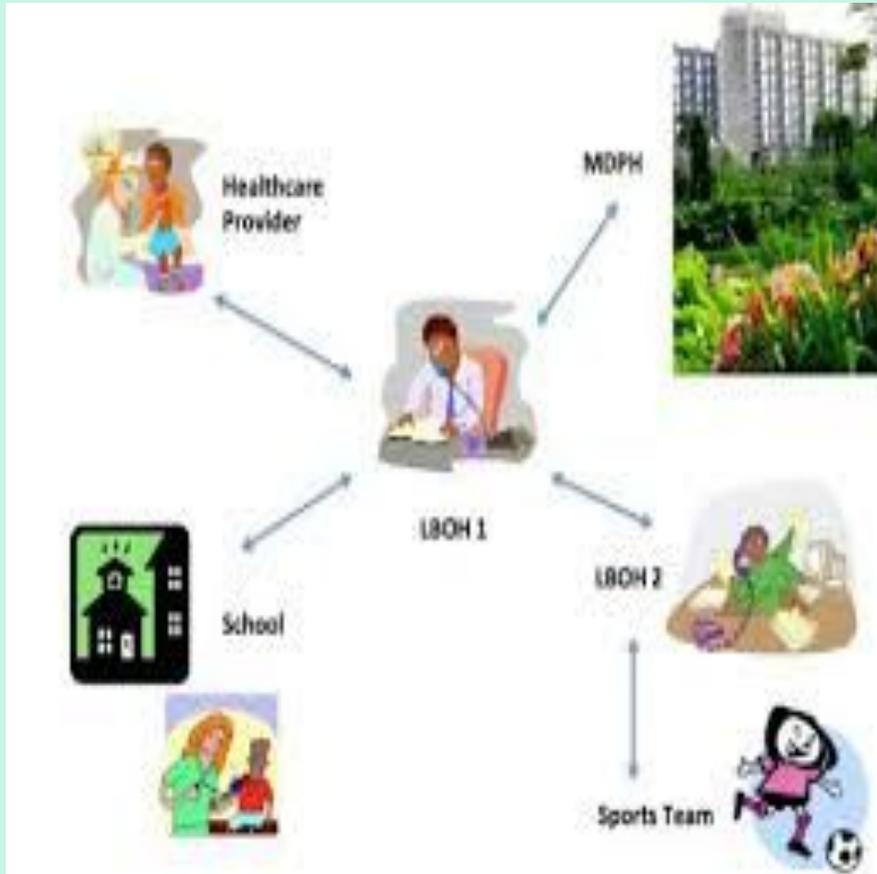
150 YEARS
OF ADVANCING
PUBLIC HEALTH

Community Health

- Prevent, monitor and control communicable infectious diseases (*meningitis, flu, hepatitis*)
- Work with daycare centers, nursing homes, medical offices, school nurses and municipal and state authorities to prevent and control outbreaks.
- Document and report trends: *West Nile, TB, whooping cough, chicken pox, measles, etc.*



Community Health



Top 5 Infectious Diseases in Randolph from 2019 to 2024

# Cases	Disease Name	Source of Disease	Public Health Prevention Programs
12,981	Covid-19	<i>Respiratory Illness caused by a virus</i>	Covid Self-Test Kits, MAVEN, PHN prevention
1,414	TB-Infection	<i>Latent Tuberculosis Infection; not infectious TB disease</i>	MAVEN surveillance, PHN prevention
1,132	Influenza	<i>Respiratory Illness caused by virus</i>	Flu clinic vaccination program
79 prob.	Lyme Disease	<i>Spread by ticks</i>	Health education; Ticks/Lyme Disease
54	Hepatitis C	<i>Spread by blood and bodily fluids</i>	MAVEN, PHN prevention

Community Health – Needs Assessment Project

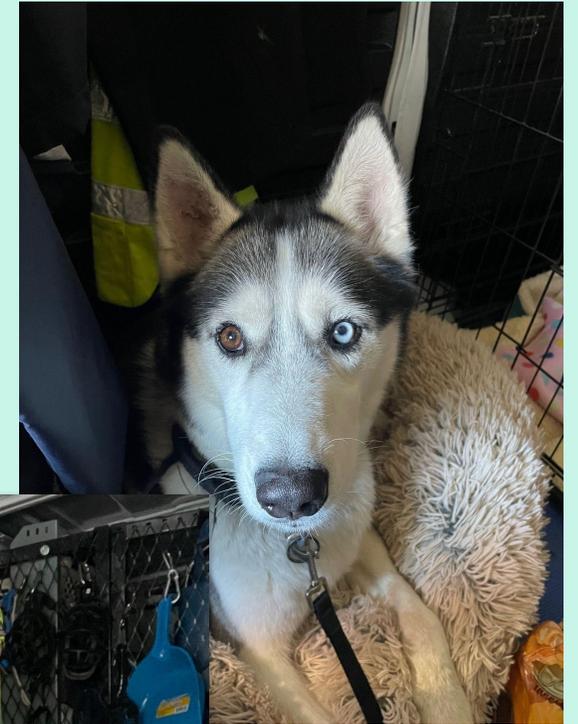
Randolph has partnered with *the Metropolitan Area Planning Council (MAPC)* to conduct a Community Survey about Health. Some of the major findings were:

- Transportation: there is a burden locally by the volume of traffic.
- Housing: Cost of housing has significantly increased.
- Health Care: Interest in attracting a Primary Care service to the community rather than traveling out of town.



Animal Control

- Leads town in rabies prevention
- Prioritizes lost, loose, and vicious dogs.
- Helps manage dead animals on public properties and roadways.
- Performs capture & care duties for domestic animals.
- Enforces regulations related to the control of domestic, farm & wild animals.
- Responds to domestic, farm & wild animal related complaints.
- Investigates reports of vicious animals & animal bites.
- Responds to emergency calls from the police and fire departments relating to domestic, farm & wild animals.



Emergency Preparedness

- Local Planning with Fire, Police, Town Administration, DPW, Human Services and other town departments.
- Regional Planning with 24 cities and towns, known as Region 5C.



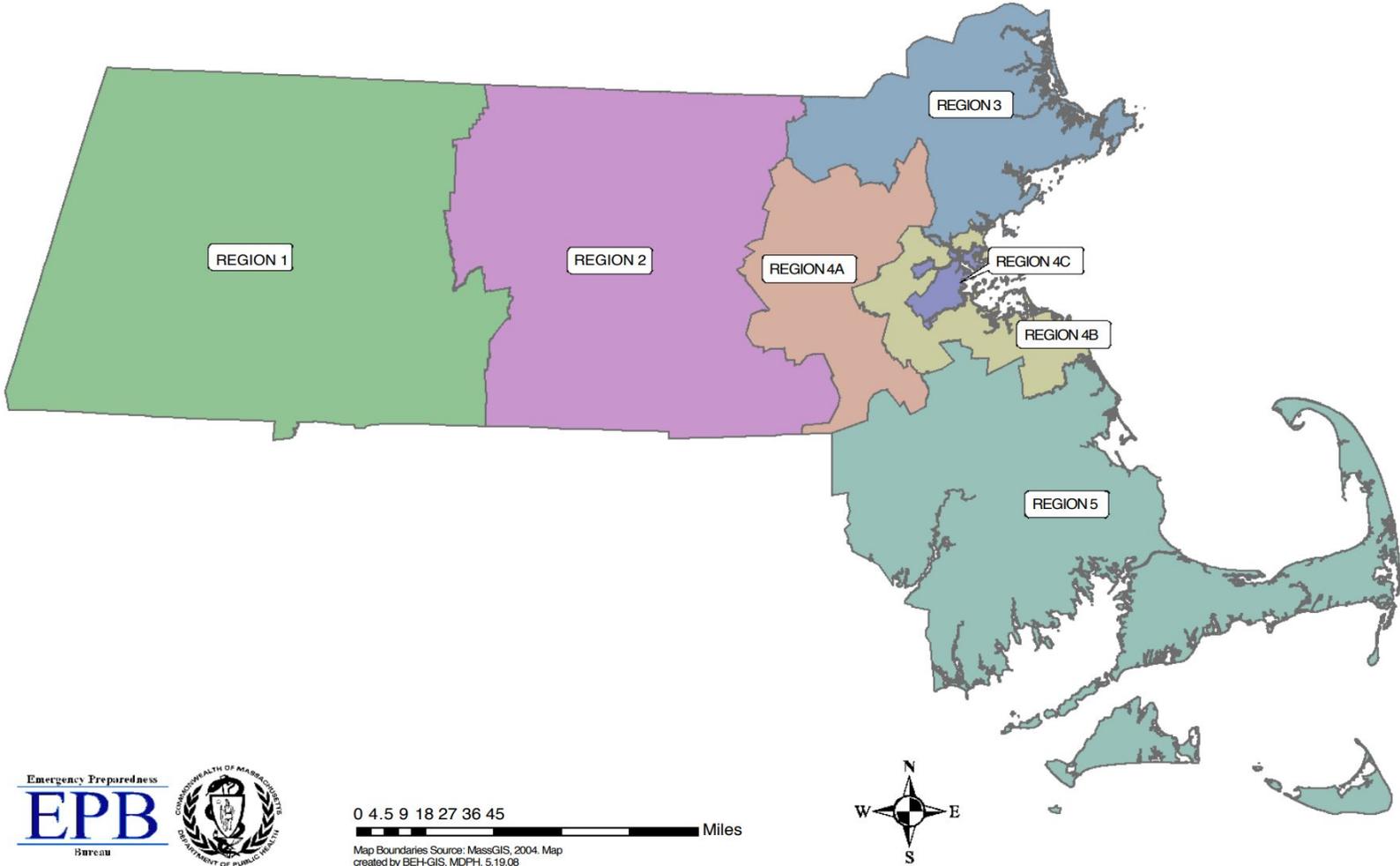
Emergency Preparedness (cont'd)

- Officials have adopted an “*all hazards*” approach to prepare for natural and man-made disasters.
- Public Health and Public Safety agencies all work together.
- Coordinate local emergency plans: shelter, telephone call in lines, mass immunizations, etc.



Emergency Preparedness – Public Health

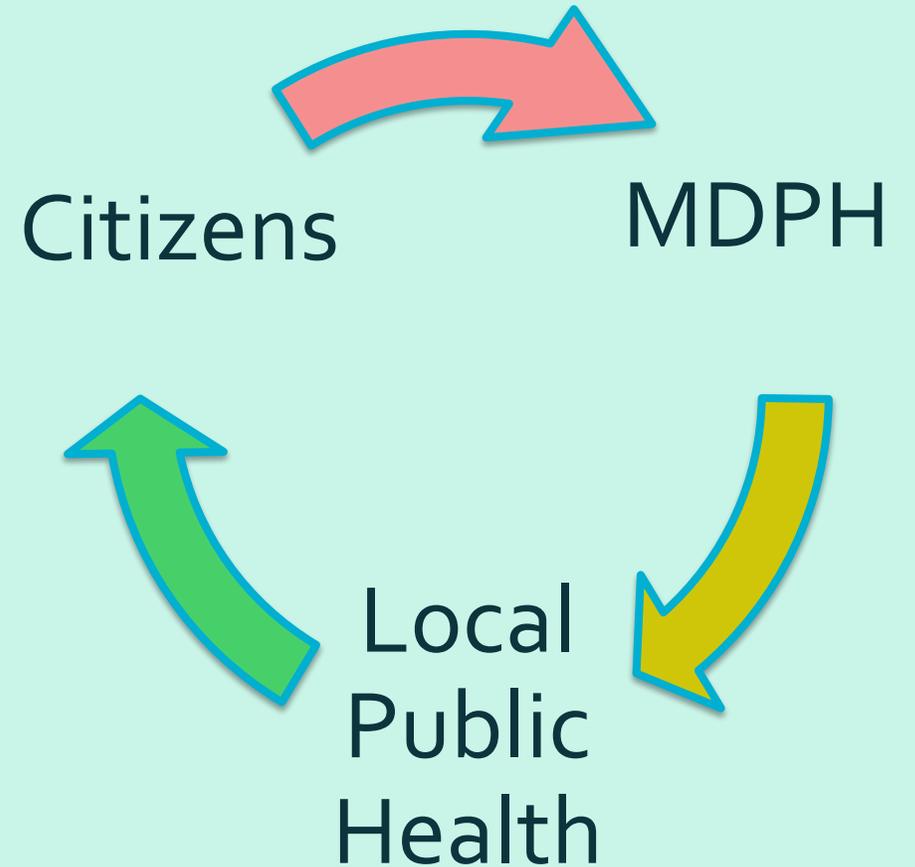
Emergency Preparedness Regions



OFFICE OF
PREPAREDNESS
AND EMERGENCY
MANAGEMENT

Communication Networks

- Homeland Health Alert Network
- Food Recalls
- Infectious Outbreaks (WNV, Covid-19)
- Vaccine Updates



Region 5C Cities & Towns

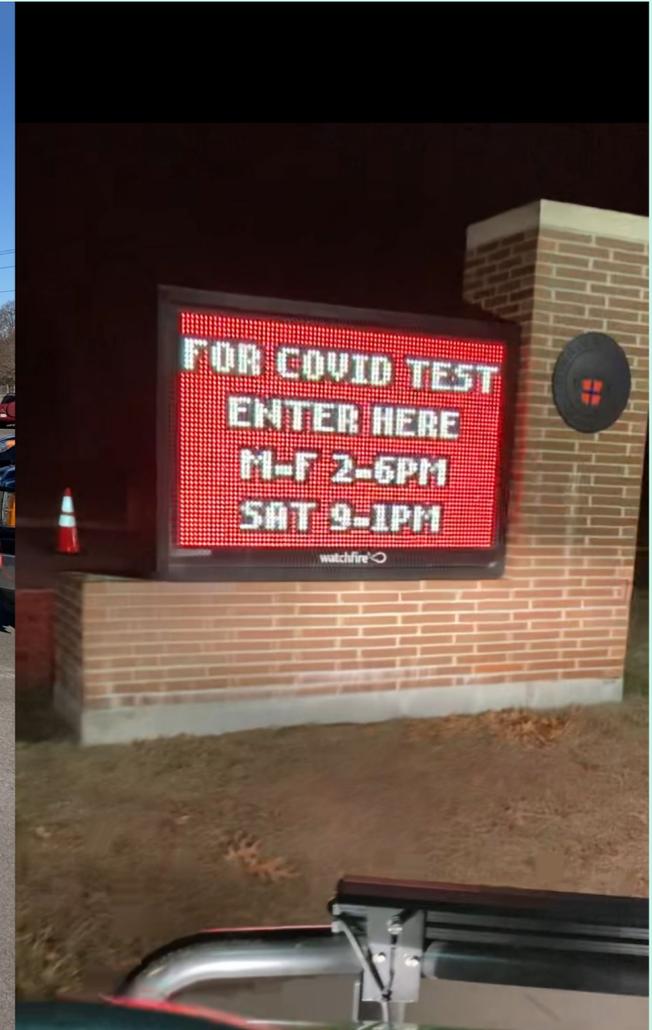
- Abington
- Avon
- Bridgewater
- Brockton
- Carver
- Duxbury
- East Bridgewater
- Halifax
- Hanson
- Holbrook
- Kingston
- Marion
- Marshfield
- Mattapoisett
- Middleborough
- Pembroke
- Rockland
- Plymouth
- Plympton
- Randolph
- Rochester
- Wareham
- West Bridgewater
- Whitman

Region 5C and MRC Exercise Saturday 10/19/2019



Covid-19 Outbreak

- Randolph ran a very successful Covid-19 testing site and vaccination site.
- Drive-Thru style
- Held at the Randolph Intergenerational Community Center (RICC) and behind the Zapustas Ice Arena.
- Later opened vaccine clinic next to Shaw's.





NEWS

Randolph makes equity a focus with vaccination efforts

Joe Difazio The Patriot Ledger

Published 8:43 p.m. ET Apr. 7, 2021 | Updated 9:55 p.m. ET Apr. 7, 2021



12 Photos

VIEW GALLERY →

[Show gallery info](#) ▾

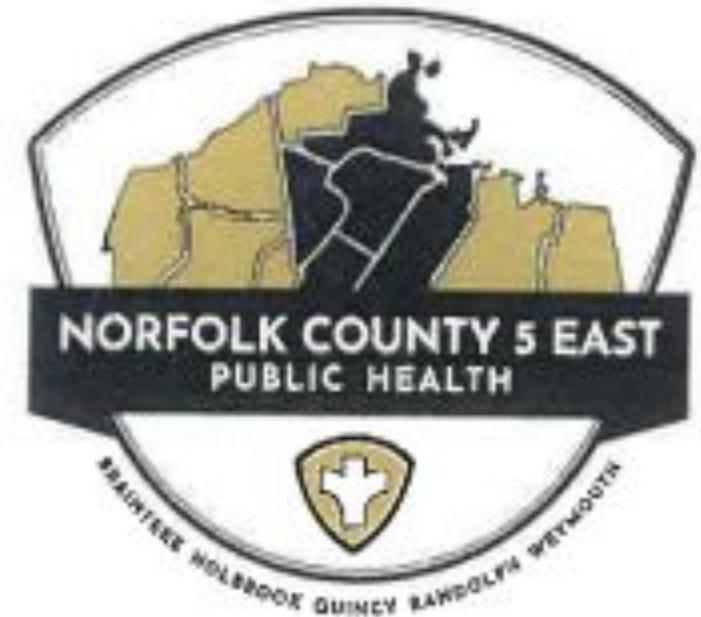
RANDOLPH — During a tour on Wednesday U.S. Rep. Ayanna Pressley called Randolph's vaccination site a "national model."

Randolph vaccinated nearly 60,000 people throughout the COVID-19 pandemic.

Shared Services Initiative

Norfolk County 5-East

- Comprised of the municipalities of Braintree, Holbrook, Quincy, Randolph and Weymouth, Massachusetts.
- Shared Services initiative, post-Covid.
- Share staff between communities for various inspections.



Public Health Review

- *Prevents outbreaks of disease, like food poisoning and other diseases.*
- *Enforces the State Sanitary Code for Housing and Investigates Nuisance Complaints.*
- *Enforces Food Safety Codes for all Food Establishments in town.*
- *Increases life span by promoting healthy behaviors.*
- *Partners with Police, Fire, DPW, Schools and Town Administrators during emergency situations, especially during the recovery process.*
- *Public Health works to keep our community safe from disease and is an essential service to the Town of Randolph.*





Public Health
Prevent. Promote. Protect.



RANDOLPH
PUBLIC HEALTH

41 South Main Street
Randolph, MA 02368
MAIN TEL: 781-961-0924
www.TownofRandolph.com