

Food Resource Guide



This guide is compiled by [Randolph Mass in Motion](#). It is meant to share places where Randolph residents may obtain healthy food at no cost, within Randolph or very nearby. At any given time, this list *may not* include all locations providing food, it is updated to include as much as we are aware of at this time.

[Mass in Motion](#) is a statewide movement that promotes opportunities for healthy eating and active living in the places we live, learn, work, and play. The Mass in Motion Municipal Wellness and Leadership program, is an initiative of the Massachusetts Department of Public Health to help lower the risk of chronic disease by making healthy food and an active lifestyle more accessible in communities. The program works to change the way communities do business by helping to shape policies and practices to create environments that:

Increase access to local fresh foods through farmers markets and community gardens

Build and expand open spaces, parks, playgrounds and other places to be active.

Create safe opportunities to be physically active

We welcome your feedback, questions and comments.
Please email these to the [Randolph Mass in Motion](#) Coordinator at rmim@randolph-ma.gov

RANDOLPH AREA FOOD RESOURCES GUIDE

LOCATION & ADDRESS	PHONE & WEBSITE	FOOD AVAILABLE	OPEN HOURS	REQUIRED DOCUMENTS	NOTES
Concerned Citizens of Randolph 580 South Main St. Randolph, MA 02368	857-249-0196	Fresh fruit Vegetables Grocery staples Frozen meat	Thursday, every week 3:00 - 4:30 PM	None	
Concerned Citizens of Randolph & Avon Avon Baptist Church 119 N. Main St. Avon, MA 02368	857- 249-0196	Fresh fruit Vegetables, Grocery staples Frozen meat	Friday, every week 1:00 - 2:30 PM	None	
First Baptist Church 518 North Main St. Randolph, MA 02368	781-963-6377 www.firstuccrandolph.org/copy-of-feeding-ministry	Frozen soup	Wednesday 9:00 - 10:00 AM	None	For those with no transportation, home delivery can be arranged
First Congregational Church 1 South Main St. Randolph, MA 02368	781-986-5588 www.firstuccrandolph.org	Take-Out Tuesdays Hot meals	Last Tuesday of every month 5:30 - 7:00 PM	None	
Friendly Food Pantry 1 Turner Drive Randolph, MA 02368	339-987-5577 www.friendlyfoodpantry.com	Fresh fruit Vegetables Grocery staples Frozen meat Personal care items, Baby items	Mondays 12:30 - 2:30 PM 6:00 - 7:00 PM	Proof of Randolph residence (gas, phone, cable bill or any mail with address & current year) Birth certificates for children under 18 yrs.	Families may visit Once every 3 weeks For those with no transportation, home delivery can be arranged

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Meals on Wheels - Randolph Community Programs 128 Pleasant St. Randolph, MA 02368	781-961-0930, option 3	Hot meals delivered to your home	Scheduled as needed		Randolph senior citizens, age 60+ yrs. or homebound residents with a disability
Meals on Wheels - South Shore Elder Services 350 Granite St. Suite 23030 Braintree, MA 02184	781-848-3910 https://sselder.org/mealso nwheels	Home delivered meals based on need	Scheduled as needed		For senior citizens, age 60+ yrs.
New Jerusalem Evangelical Baptist Church 871 North Main St. Randolph, MA 02368	781-885-3936 Email: newjerusalmeebc@outlook.com	Bag or box of Fresh fruit, vegetables, Grocery staples & Frozen chicken	2 nd & 4 th Tuesdays, Every month 12:00 – 2:00 PM	None	
Old Colony YMCA Stoughton Branch Y Community Market 445 Central St. Stoughton, Ma 02072	781-341-2016, ext. 204	Food boxes contain staple food items to make healthy meals	Mondays 8:00 AM - 6:00 PM Tues/Wed/Thurs 8:00 – 4:00 PM	Register online as a 'New Shopper' at https://yourmarket.force.org	Please Register & Schedule an appointment to pick up food box.
Old Colony YMCA Stoughton Branch \$2 Food Bags 445 Central St. Stoughton, Ma 02072	781-341-2016	\$2 Food Bag Distribution by Fair Foods Each bag is approx. twelve pounds of fresh vegetables & fruit	Wednesdays 3:30 – 5:30 PM	Cash only, \$2 per bag	Call 781-341-2016 with questions

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Project Bread FoodSource Hotline	800-645-8333 www.projectbread.org/get-help	Call for information & referrals to local food sources. Multiple Languages available	Monday - Friday 8:00 AM - 7:00 PM Saturday 10:00 AM - 2:00 PM		
Quincy Community Action Programs (QCAP) Southwest Community Food Center 1 Copeland St. Quincy, MA	617-471-0796	Fresh fruit & vegetables, Grocery staples, milk, eggs, frozen meat	Mon-Tues-Thurs-Fri 9:00 AM - 4:30 PM Wednesday 11:00 AM - 6:30 PM (no morning appointments on Wednesday)		Please Call 617-471-0796 to make an appointment for a Food order SNAP assistance is available over the phone
(RICC) Randolph Intergenerational Community Center Mobile Food Pantry 128 Pleasant St. Randolph, MA 02368	781-961-0930, option 3	Fresh fruit & vegetables, Grocery staples, milk, eggs, frozen meat	2nd Wednesdays of every month 1:00 - 3:00 PM	Randolph Senior citizens, age 60+ yrs	For those without transportation, home delivery can be arranged
Resilient Randolph Fund	781-961-0932 https://unitedwaymassbay.org/covid-19/local-funds/randolph	Apply for help with food, mortgage, and utility		Randolph Residents	Apply online at website
Supplemental Nutrition Assistance Program (SNAP) Self Help, Inc. 45 Pearl St. Brockton, MA 02301	508-588-0447, Ext. 1807 Email: snap@selfhelpinc.org	Provides nutrition benefits to individuals & families to help subsidize food costs	Monday-Friday 8:30 AM - 4:30 PM	Call 508-588-0477 or Email: snap@selfhelpinc.org	

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Randolph Women, Infant & Children (WIC) 19 North Main St. Randolph, MA 02368	781-961-4206	Food, nutritional education & support	Mon & Fri: 8:00 AM – 4:00 PM Wed: 8:00 AM – 7:00 PM	Call for help with eligibility, appointments & application	Pregnant, postpartum, nursing women, infants & children under 5 yrs.
VietAid Ethnic-Specific Food Boxes https://www.vietaid.org/	617-822-3717	\$2 for a box of ethnic specific fruits & vegetables	Scheduled delivery as needed	Call for information & delivery	

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**Compiled by
Randolph Mass in Motion**



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