

Randolph Council on Aging Minutes 10/15/2025 Meeting

The meeting was called to order at 1:02 PM.

1. Roll call

Present: Cathy Yahiaoui, John MacPhelemy, Joyce Lloyd, Keri Sullivan and Joan Smith

Absent: Peggy Montlouis – excused, Jennifer Whitmore – excused, Mina Porter – not excused and Jane Hendrickson – not excused

Please note that according to our by-laws, “a seat shall be considered vacant when a member misses three (3) consecutive meetings without notifying the president with an explanation.”

2. President

***Review and approval of minutes from the 9/17 meeting**

Cathy moved the minutes be accepted with the correction of a spelling error. Joyce seconded the motion. All voted in favor of accepting the minutes with the spelling error corrected.

***Ideas for future events** – discussion of our plan for a holiday sing-a-long on 12/17 from 1-2 pm. To make it sound more enticing, we decided to call it an Ugly Sweater Holiday Sing-a-long. No prizes will be given. It was decided that a cappella singing was fine. Joan can lead the songs and has 30 song sheets available to use which contain Christmas carols, holiday songs and Hanukkah songs. We will set up at 1 PM. (This will be in place of our December meeting.) We agreed we would serve hot chocolate with marshmallows, water and cookies. Instead of paper plates, the cookies will be served on napkins. We will have tables and chairs set up as we are serving a hot drink. This event is free to anyone who wants to attend.

Members signed up for the following tasks:

Cathy will bring cookies.

Joyce will bring cookies and table cloths.

Keri will bring cookies.

At an earlier meeting, I believe Peggy had stated she would bring cookies, also.

John will bring napkins.

Joan will supply the hot chocolate mix and the marshmallows.

The Friends of the Randolph Seniors will supply bottled water, additional napkins, cups and serving utensils.

Additional cookies will be appreciated as we have no idea how many people will attend.

***Suggestions for new members – no one was suggested at this time**

3. Keri Sullivan, Director of Elder Services on senior programs at RICC

There was a discussion about the Neighborhood Brigade. Keri thought it was active during COVID. There was some discussion about a Friendly Visitors program to check up on people.

Keri then reviewed the list of upcoming events at the RICC. Keri reported that attendance at the chair yoga class has increased.

Keri reminded the Council that AARP will be back in February. They will begin accepting appointments in January.

4. Jane Hendrickson report on South Shore Elder Services – no report

5. Cathy Yahaioui – report on the Friends of the Randolph Seniors – Friends will be sponsoring a Come Dressed for Your Favorite Holiday Celebration on November 19 from 12-2, with set up beginning at 11. Tickets are \$2. There will be small subs from Jersey Mikes, cupcakes decorated for many holidays made by the students at Blue Hills Regional, chips and water. There will be holiday background music and holiday crafts for anyone who would like to do one there or take one home.

Originally, the plan was that the CoA and Friends would sponsor this celebration together. However, the CoA also wanted to have a carol sing get together in December, which has resulted in the Ugly Sweater Holiday Sing-a-long on 12/17 which is mentioned earlier.

All Council Members are welcome to assist at the Friends Celebration on 11/19. However, you will need to buy a ticket as the food is being bought by the number of people registered. ALSO, this party runs through our meeting time. SO, we can have an informal meeting at 10:30 to confirm the details for the 12/17 party.

6. Floor discussion – there was none

7. Public Announcements

10/22 drive through flu shots at the RICC

8. Meeting adjourned at 2:00 PM

**Respectfully submitted,
Joan Smith, President**